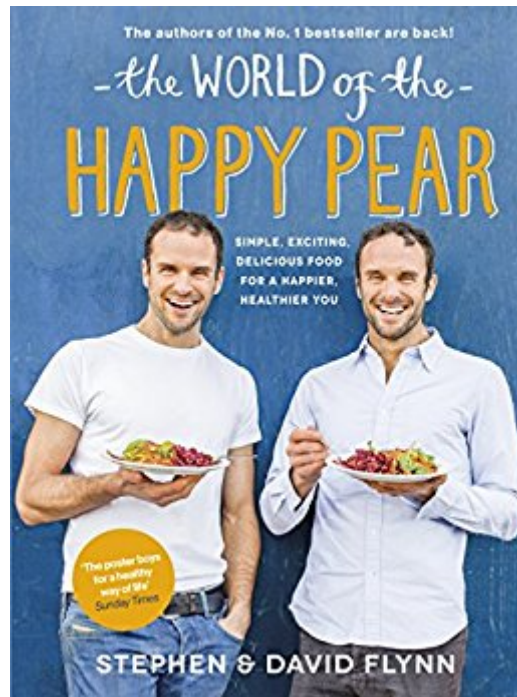


The book was found

The World Of The Happy Pear



Synopsis

'These lovely boys always create incredibly tasty food.' Jamie Oliver David and Stephen Flynn put fun, deliciousness and friendship at the heart of their cooking. By showing that vegetarian food is endlessly varied, packed full of flavour and amazingly easy to prepare they want to spread the love for fruit and veg! The World of the Happy Pear is inspired by David and Stephen's family, friends and the international team at their legendary café. It includes over 100 mouth-watering and totally doable recipes - like Grilled Halloumi Burger with Sweet Chilli Ketchup and a Garlic Tahini Mayo ... Fennel, Ruby Grapefruit, Avocado and Blueberry Salad ... Chocolate and Salted Caramel Tart. There is advice on getting children to love the stuff that's good for them and top tips on the tasty vegetarian approach to everything from BBQs and burgers to ice cream and Pavlova. Become part of the world of the Happy Pear and discover a feast of healthy yummy food that will transform your eating! 'The poster boys for a healthy way of life!' Sunday Times 'A healthy eating phenomenon' Mail on Sunday 'These twins are on a roll' Time Out '[They] couldn't look healthier or happier ... poster boys for vegetarianism' The Times

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Customer Reviews

True Accounts Of Remarkable Women Heroes (WWII history, WW2, War books, world war 2 books, war history, World war 2 women) World Voyage Planner: Planning a voyage from anywhere in the world to anywhere in the world (World Cruising Series Book 2) Dying To Be Happy: Discovering the Truth About Life Happy Feet, Healthy Food: Your Child's First Journal of Exercise and Healthy Eating But Smoking Makes Me Happy: The Link Between Nicotine and Depression (Tobacco: The Deadly Drug)

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